



CTC
EAGLES

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Open Enrollment Fair

Employee Benefits will host its annual Open Enrollment Fair on Monday, July 9 from 8 – 11:30 Center (Bldg. 156). This is the chance for employees to meet representatives from various health insurance providers to obtain answers to questions about healthcare coverage and discuss per

The representatives scheduled to attend the fair are:

Scott & White
HealthSelect (Blue Cross Blue Shield of Texas)
Minnesota Life
Securian Life
Texa\$aver
WageWorks
Reed Group – TIPP
TIAA – Pension Plans

The ERS annual open enrollment period for the new plan year is July 8-21. If you do not want coverage, everything will automatically roll over into the new plan year.

If you want to make changes, you can do so in ERS. Go to www.ers.state.tx.us (http://www.ers enter an user ID and password). Follow the lead for Benefits Enrollment. If you make changes, via email. If you do not notify Benefits, they will not receive notification from ERS until sometime behind on premium payments and then an adjustment must be made to collect the outstanding

The rates for the next ERS plan are now available online at

<http://www.ctcfacstaff.ctcd.edu/ctcfacstaff/assets/File/Faculty%26Staff/Human%20Resources/E/PY19.pdf>

Questions about the fair or open enrollment can be directed to Employee Benefits at ext. 1307.

Benefits guide

To assist employees with the Open Enrollment process, Employee Benefits has posted the 2017 Guide online. It contains useful information such as comparison charts of existing plans and gives help employees make decisions on healthcare coverage. Access the benefits guide at <http://www.ctcfacstaff.ctcd.edu/ctcd/assets/File/Faculty%26Staff/Human%20Resources/Employee-Enrollment-Active-Employee-Guide.pdf>

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Facilities update

Facilities Management announced contractors began installing new street lamps and poles last week. Services (Bldg. 111), Student Services (Bldg.119), Police and Records (Bldg.137) and Morton parking lots F1 and F2 are coned off until Tuesday, June 19. During this time, employees are urged to avoid driving down Academic Drive when construction personnel are in the area. Also, to protect their cars parked in use during the construction, employees can park in areas adjacent to these buildings: Lot Q and Lot R.

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Campus Safety Overview

Campus police and Risk Management are offering Campus Safety Overview power point presentations to students twice a month. The topics are lockdown and evacuation procedures, what to do in an emergency, and Campus Carry. The next presentation tomorrow is next Thursday, June 28 and will be in the Art Building (156), Room, 214, from 10-11 a.m. Check the events [calendar](#) for future presentation dates.

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TRS delay

Recently, TRS implemented changes within its software causing delays in the processing of forms. Currently, there is a delay of about three months for prospective retirees to receive a retirement packet. If you are thinking about retirement, TRS will allow employees to request retirement packets up to six months in advance. If a retirement packet is requested, the request will never be processed until the completed forms are received. If the employee requests a packet but chooses not to retire, the packet becomes null and void and the employee can request multiple packets in the future. If employees have any questions about retirement or forms, TRS provides the packet free of charge at any time the packet is requested. For more information, contact Shaun Davis in Employee Benefits at ext. 1305.

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Colleague update

Information Technology announced implementation of Colleague UI 5.5 was completed this week. Changes have been made in UI 5.5 including the placement of the multi-valued window controller. The controller is now on the left side of the form and is no longer directly over the multi-valued field itself. In addition, response time has been improved to 5.3.

Employees using SoftDocs Autofile should continue to use UI 4.6. IT is in contact with SoftDocs

background processing so the forms function with UI 5.5. This should be completed sometime in August. UI 4.6 is set for October 31, 2018, by Ellucian.

Colleague UI 5.5 is now available at <http://ui.ctcd.org>. If you are having issues accessing or viewing the cache. If you need further assistance, contact the IT Help Desk at ext. 3103 or email help.desk@ctcd.edu.

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Weight room closed

The Kinesiology department announced the weight room in the Physical Education Center (gym) is closed for floor renovations. Work on the rest of the floors - hallways, lounge, faculty and student lockers is expected to be completed by July 18.

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Computer Information Technology and Systems update

The Computer Information Technology and Systems department announced no new students will be accepted into the Network Server and Cloud Administration Certificate of Completion program or the Information Security (AAS) program. The Network Server and Cloud Administration Certificate of Completion program will continue to be offered through other degree plans. Therefore, students currently in this degree program must complete the program by December 31, 2019, to complete the program before it is deactivated. Students who do not complete the program by the deadline should contact their advisor or counselor to be moved to another similar certificate or the Network Administration AAS degree program.

The department also has a new program - Cyber Defense – Information Assurance (CDIA) AAS degree program worldwide. Effective December 31, 2019, two specific courses in the Information Security AAS program will no longer be offered, finalizing the deactivation of the entire Information Security AAS program. The courses are ITSY2441 and ITSY2442. Students who do not complete the requirements and select the new CDIA program before the December 2019 deadline will be automatically converted to the new CDIA program. For more information on these changes, should be directed to the Computer Information Technology and Systems department.

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GeekFest

Wristbands for the ninth annual GeekFest are now on sale. A celebration of all things gaming, technology, science fiction, GeekFest will be held August 17-19 in the Mayborn Science Theater and the Art Center. Attractions include gaming tournaments for cash prizes, cosplay demonstrations, costume contests, guest speakers, film screenings, cake and anime contests, a comic cover contest, vendors and more.

Wristbands are required for all GeekFest patrons over the age of 12. Advance discount wristbands are available at starsatnight.org/geekfest. A limited number of VIP passes are available for \$50 which include a lanyard and badge, reserved seating at events and early access to some programs. VIP passes are available while they last.

Advanced three-day wristbands are \$20 through August 16 and provide admission to all events. The cost is \$30 at the door. One-day wristbands are available through August 16. Patrons can purchase one-day wristbands on Friday or Sunday only for \$10 or \$15 at the door. The Saturday-only one-day wristband is \$15 in advance. CTC employees and students, Planetarium members and active-duty military and family members receive a 50% discount on wristbands purchased at the door. Three-day wristbands are \$25 at the door, Friday and Sunday only. One-day wristbands are \$10 at the door and Saturday-only wristbands are \$17. All wristband purchases do not include the cost of parking, if applicable.

Vendors interested in being part of GeekFest 2018 can register for a booth. A limited number of booths are available. For more information, contact the Marketing and Communications Department at marketing@ctcd.edu.

available at a variety of sponsorship levels. Comic artists, illustrators, inkers, crafters and cosplayers are welcome to the Artists Alley. For prices, wristband purchases and other information about GeekFest 2018, visit www.geekfest.ctcd.edu.

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Webinars

In an effort to help staff and faculty assist students better, Student Services has begun a series of webinars. The recorded versions are available online at <http://www.ctcfacstaff.ctcd.edu/faculty-staff/student-services/webex-sessions/>. Sessions to date include Disability Support Services, using degree audit to retrieve for students. To be notified of upcoming webinars, please contact Karen Dewees at [Karen Dewees at Karen Dewees](mailto:karen.dewees@ctcd.edu).

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News briefs

<http://www.ctcd.edu/news-events/texas-campus-news/ctc-students-complete-emt-program2/>

<https://www.ctcd.edu/news-events/texas-campus-news/ctc-to-host-saturday-start-preview-day-1>

<https://www.ctcd.edu/news-events/texas-campus-news/ctc-police-academy-graduates-20-cade>

<https://www.ctcd.edu/news-events/texas-campus-news/registration-underway-for-ctc-college-f>

<https://www.ctcd.edu/news-events/texas-campus-news/ctc-to-observe-summer-hours-starting-j>

<https://www.ctcd.edu/news-events/texas-campus-news/ctc-earns-top-two-year-school-honors-a>

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Mark your calendar

June 23: Saturday Start Campus Preview Day; 9 a.m. – 12 p.m.; Anderson Campus Center (Bldg. 156), Room 214

June 28: Campus Safety Overview; 10 a.m.; Anderson Campus Center (Bldg. 156), Room 214

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Employee Training

June 20: Intermediate Excel; 8 a.m. – 12 p.m.; Bldg. 155, Room C137

June 21: Initial Safety Training; 8 – 11:30 a.m.; Bldg. 155, Room C139

June 27: American Heart Association First Aid; 8 a.m. – 12 p.m.; Bldg. 155, Room C139

June 28 EEO/SHP for Supervisors; 8-11:30 a.m.; Bldg. 155, Room C139

To register for employee training classes, call ext. 1333.

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Continuing Education classes

Some of the upcoming classes include:

June 18: Belly/Oriental Dance; M/W through July 16; 6-7 p.m.; \$39

June 18: Tribal Belly Dance; M/W through July 16; 7:15 – 8:15 p.m.; \$39

June 22: Automotive: Vehicle Preventative Maintenance Inspection; Fridays through July 6; 9 a.m. – 12 p.m.; \$55

June 23: CPR for Healthcare Providers; 8 a.m. – 12 p.m.; \$55

June 30: Date Night (cooking); 3-8 p.m.; \$65

July 7: Heartsaver AED with First Aid; 8:30 a.m. – 4:30 p.m.; \$75

July 9: Yoga; M/W through July 18; 4:45 – 5:45 p.m.; \$29

July 9: Water Boot Camp; M/W through August 1; 6-7 p.m.; \$35

July 10: Zumba; T/TH through August 2; 6-7 p.m.; \$39

July 13: Physical Conditioning; Fridays through August 3; 10 – 11:15 a.m.; \$29

July 13: Healing Powers of Reflexology; 2-5 p.m.; \$25

The summer [schedule](#) is available now. Register for Continuing Education classes, College for... schedule at Bldg. 136 or by calling ext. 1586. Register online for online classes at www.ctcd.edu

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Health tip

Choosing the right snack can reduce feelings of hunger, increase the amount of nutrients in the diet, and be an integral part of a healthy weight-loss plan. Two or three snacks a day may be more satisfying for a person feeling satisfied and less likely to overeat at meals. The key is choosing the right healthy snack. A piece of dark chocolate or a handful of nuts can add essential nutrients to a person's diet or satisfy a sweet craving. A handful of olives can quench a salty craving and provide essential fatty acids to improve heart health. Hummus is a healthy choice. It is made from chickpeas which are naturally low in fat and high in fiber, making you feel full.

Roll a banana in semi-sweet chocolate chips. Also, melting a small piece of dark chocolate and mixing it with dried cranberries, cherries or raisins can satisfy fruit and chocolate cravings, provide a snack high in antioxidants, and help with hunger pangs.

Those who like cheese can enjoy a serving of low-fat mozzarella or Monterey Jack string cheese. It provides calcium and protein.

Prepare a smoothie made from protein-rich Greek yogurt, some frozen fruit and a dash of fruit juice. It can be a healthy replacement or a snack.

Fiber-full grain crackers are a great option and can satisfy salty cravings as well as fill the stomach.

There is no better snack than fruit. Keep a bowl of fruit or homemade fruit salad on hand and eat it when you are hungry to fill up without consuming too many calories.

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Mayborn Science Theater

The Mayborn Science Theater is closed for renovations June 11 – July 15.

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